All Day Long



Choreography: Gary Lafferty

Description: 64 count, 2 wall, intermediate line dance

Music: Lonestar – Mr. Mom

RIGHT TOE-STRUT, LEFT TOE-STRUT, KICK-OUT-OUT

1-4 Touch right foot forward, lower right heel to floor; touch left foot forward, lower left heel

5-8 Kick right foot forward, step to right on right foot, step to left on left foot, hold

SAILOR SCUFF & SAILOR STEP

1-4 Cross-step right foot behind left, step to left on left foot, scuff right forward, step to right

on right foot

5-8 Cross-step left foot behind right, step to right on right foot, step to left on left foot, hold

BEHIND-SIDE-FRONT; LEFT SCISSOR STEP

1-4 Cross-step right foot behind left, step to left on left foot, cross-step right foot over left,

hold

5-8 Step to left on left foot, step on right foot beside left, cross-step left foot over right, hold

SIDE, BEHIND, SIDE, IN FRONT, SIDE, HOLD, ROCK STEP

1-4 Step to right on right, cross-step left behind right, step to right on right, cross-step left

over right

5-8 Step to right on right, hold, rock left foot behind right, recover weight onto right foot

RUMBA BOX (SIDE, TOGETHER, FORWARD, HOLD; SIDE, TOGETHER, BACK, HOLD)

1-4 Step to left on left foot, step on right foot beside left, step forward on left foot, hold 5-8 Step to right on right foot, step on left foot beside right, step back on right foot, hold

BACK-LOCK-BACK, KICK; RIGHT COASTER-CROSS, STEP LEFT

1-4 Step back on left foot, lock-step right foot over left, step back on left foot, kick right

forward

5-8 Step back on right foot, step on left foot beside right, cross-step right foot over left, step

to left on left foot

ROCK BEHIND & SIDE; LEFT COASTER STEP

1-4 Rock right foot behind left, recover weight onto left foot, step to right on right foot, hold Step back on left foot, step on right foot beside left, step forward on left foot, hold

ROCK FORWARD & BACK & STEP FORWARD, 1/2 TURN

1-4 Rock forward on right foot, recover weight onto left, rock back on right foot, recover

weight onto left

5-8 Step forward on right foot, hold, pivot ½ turn to left, hold

REPEAT

TAG & RESTART

On the third wall, you will do the first 16 counts (up to & incl. The sailor scuff & sailor step) facing the front. You will then do the 4-count tag, and then restart the dance from count 1 (toe-struts) facing the back wall **STEP FORWARD, HOLD,** ½ **TURN, HOLD**

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1-4 Step forward on right foot, hold, pivot ½ turn to left, hold

...taught and danced in Litgaarden -