

All Shook Up



Choreography:	Naomi Fleetwood-Pyle
Description:	Phrased, 80 count, 1 wall, advanced line dance
Music:	Billy Joel – All Shook Up

Sequence: AB, ABC, ABC, ABC

PART A (32 counts)

SHUFFLE FORWARD LEFT AND RIGHT

1&2 Shuffle forward on left, right, left
3&4 Shuffle forward on right, left, right

GRAPEVINE LEFT AND TOUCH

5 Step left foot to left
6 Step right foot to left behind left
7-8 Step left foot to left; touch right on 4th count

SHUFFLE BACKWARDS RIGHT AND LEFT

9&10 Shuffle backwards on right, left, right
11&12 Shuffle backwards on left, right, left

GRAPEVINE RIGHT AND TOUCH

13 Step right foot to right
14 Step left foot to right behind left
15-16 Step right foot to right; touch left on 4th count

WALK FORWARD LEFT, RIGHT, LEFT, KICK RIGHT

17-19 Walk forward on left, right, left
20 Kick right

WALK BACK RIGHT, LEFT, RIGHT, TOUCH LEFT

21-23 Walk back on right, left, right
24 Touch left foot next to right

STOMP LEFT WITH LEFT ARM LEFT, CLAP RIGHT HAND AGAINST LEFT, RIGHT HAND ON RIGHT HIP, HOLD

25 Stomp left foot slightly to the left throwing left arm straight to the left
26 Throw right arm to left, with a clap
27 Pull right elbow back placing right hand on right hip
28 Hold

ROLL HIPS TWICE (ELVIS HIPS!)

29-32 Roll hips counter clockwise twice in two complete circles

...taught and danced in

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PART B (16 counts)

GRAPEVINE LEFT AND TOUCH

- 1-2 Step left foot to left; step right foot to left behind left
3-4 Step left foot to left; touch right on 4th count

PIVOT ½ LEFT TWICE:

- 5 Step forward on right
6 Pivot ½ left moving weight to left foot
7 Step forward on right
8 Pivot ½ left moving weight to left foot

GRAPEVINE RIGHT AND TOUCH:

- 9-10 Step right foot to right; step left foot to right behind left
11-12 Step right foot to right; touch left on 4th count

PIVOT ½ RIGHT TWICE:

- 13 Step forward on left
14 Pivot ½ right moving weight to right foot
15 Step forward on left
16 Pivot ½ right moving weight to right foot

PART C (32 counts)

GRAPEVINE LEFT WITH ½ TURN & HITCH

- 1-2 Step left foot to left; step right foot to left behind left
3-4 Step left foot to left turning ¼ left; raise right knee turning another ¼ left on left foot

WALK BACK X 3, TOUCH LEFT

- 5-6 Step back on right; step back on left
7-8 Step back on right; touch left foot to right

TOE STRUTS FORWARD X 4

- 9-10 Step forward toe-only with left; lower left heel
11-12 Step forward toe-only with right; lower right heel
13-14 Step forward toe-only with left; lower left heel
15-16 Step forward toe-only with right; lower right heel

GRAPEVINE LEFT WITH ½ TURN & HITCH

- 1-2 Step left foot to left; step right foot to left behind left
3-4 Step left foot to left turning ¼ left; raise right knee turning another ¼ left on left foot

WALK BACK X 3, TOUCH LEFT

- 5-6 Step back on right; step back on left
7-8 Step back on right; touch left foot to right

TOE STRUTS FORWARD X 4

- 9-10 Step forward toe-only with left; lower left heel
11-12 Step forward toe-only with right; lower right heel
13-14 Step forward toe-only with left; lower left heel
15-16 Step forward toe-only with right; lower right heel

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