

Ballymore Boys



Choreography:	Dynamite Dot
Description:	32 count, 4 wall, intermediate line dance
Music:	Sham Rock – The Boys From Ballymore

POINT BACK-½ TURN RIGHT / STEP-½ TURN RIGHT / DIP DOWN AND UP / RIGHT TOE FORWARD / LEFT TOE SIDE

- 1-2 Point right toe back, pivot ½ turn right
3-4 Step left forward, pivot ½ turn right (weight on left)
5-6 Right foot is slightly forward bending knees dip down and up (hands on thighs)
7&8 Touch right toe forward, step right next to left, touch left toe to left side

LEFT AND RIGHT SAILOR / LEFT SAILOR WITH ¼ TURN LEFT / SHUFFLE

- 9&10 Step left behind right, step right to right side, step left to left side
11&12 Step right behind left, step left to left side, step right to right side
13&14 Making ¼ turn left step left behind right, step right to right side, step left to left side
15&16 Shuffle forward on right-left-right

FULL TURN FORWARD / BUMP LEFT-RIGHT-LEFT / SHUFFLE BACK / ½ TURN SHUFFLE

- 17-18 On ball of right turn ½ right stepping back on left, on ball of left turn ½ right stepping forward on right
19&20 Step left forward bumping hips forward, bump hips back, bump hips forward
21&22 Shuffle back on right-left-right
& On ball of right make ½ turn left
23&24 Shuffle forward on left-right-left

STEP-½ TURN / SIDE SWITCHES / HEEL SWITCHES / CLAPS

- 25-26 Step forward on right, pivot ½ turn left
27&28 Touch right toe to right side, step right next to left, touch left toe to left side
&29 Step left next to right, touch right heel forward
&30 Step right next to left, touch left heel forward
&31 Step left next to right, touch right heel forward
&32 Clap hands twice

REPEAT

...taught and danced in

Klitgaard

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