

Cowgirl's Twist



Choreography:	Bill Bader
Description:	32 count, 4 wall, beginner line dance
Music:	Scooter Lee – Twistin' The Night Away

HEEL-TOE STRUTS: RIGHT-LEFT-RIGHT-LEFT

- 1-2 Step forward with right heel, drop right toe to floor
3-4 Step forward with left heel, drop left toe to floor
5-6 Step forward with right heel, drop right toe to floor
7-8 Step forward with left heel, drop left toe to floor

WALK BACK, RIGHT, LEFT, RIGHT, TOGETHER

- 9-10 Step back with right foot, step back with left foot
11-12 Step back with right foot, step together with left foot

WIGGLE WALK LEFT, CLAP

- 13-14 Swivel both heels to the left side, swivel both toes to the left side
15-16 Swivel both heels to the left side, clap hands

WIGGLE WALK RIGHT, CLAP

- 17-18 Swivel both heels to the right side, swivel both toes to the right side
19-20 Swivel both heels to the right side, clap hands

SWIVEL LEFT, CLAP, SWIVEL RIGHT, CLAP

- 21-22 Swivel both heel to the left side, clap hands
23-24 Swivel both heel to the right side, clap hands

TWIST - DOWN, DOWN, UP, UP

- 25-26 Swivel both heels to left side, swivel both heels to right side
Bend in knees making downwards motion during these two counts
27-28 Swivel both heels to left side, swivel both heels to center
Straighten legs making upwards motion during these two counts

STEP, HOLD, ¼ TURN, HOLD

- 29-30 Step forward with right foot, leaning right shoulder forward, hold
31-32 Pivot ¼ turn left on ball of left foot, lean shoulders to left, hold

REPEAT

...taught and danced in

Klitgaard

Sofiendalsvej 77
DK-9200 Aalborg SV
Tel. +45 98180733
www.linedance.dk