

Ease My Troubles

Choreography:	Debbie Ellis
Description:	32 count, 4 wall, intermediate line dance
Music:	Rod Stewart – Have I Told You Lately

Intro: start after 16 counts (app. 14 secs into music)

NIGHT CLUB BASIC, SIDE, BEHIND ¼ TURN STEP, STEP, PIVOT, STEP, FULL TRIPLE TURN

- 1-2&3 Step right long step to right side, rock left back, recover to right, step left to side
- 4&5 Cross right behind left, step left forward making a turn ¼ left, step right forward
- 6&7 Step left forward, turn ½ right, step left forward
- 8&1 Full triple turn forward over left shoulder (stepping right, left, right)

DIAGONAL LEFT LOCK, STEP, PIVOT, STEP, DIAGONAL LEFT LOCK, SWAY SWAY

- 2&3 Step left diagonally forward (facing 1:30), lock right behind left, step left diagonally forward
- 4&5 Step right forward, pivot turn ½ left, (now facing 6:30), step right forward
- 6&7 Step left diagonally forward, (facing 6:30), lock right behind left, step left diagonally forward
- 8-1 Sway hips to the right, (now facing 6:00), sway hips to the left

BEHIND & CROSS, ¼, ¼, ROCK, RECOVER & ROCK, RECOVER, ½ TURN, ¼ TURN

- 2&3 Cross right behind left, step left to side, cross right over left
- 4&5 Step left back making a turn ¼ right, step right to side making a turn ¼ right, cross rock left over right
- 6&7 Recover to right, step left to side, cross rock right over left
- 8&1 Recover to left, turn ½ right and step right forward, turn ¼ right and step left to side

BEHIND, TURN, STEP, MAMBO ¼ TURN, CROSS ROCK, SIDE ROCK, BACK ROCK

- 2&3 Cross right behind left, step left forward making a turn ¼ left, step right forward
- 4&5 Rock left forward, recover to right, step left to side making a turn ¼ left
- 6& Cross/rock right over left, recover to left
- 7& Rock right to side, recover to left
- 8& Rock right back, recover to left

REPEAT

...taught and danced at

Klitgaarden

Sofiendalsvej 77
 DK-9200 Aalborg SV
 Tel. +45 98180733
www.linedance.dk