

# Hurt Me Carefully

Choreography:	Ria Vos
Description:	48 Count, 2 Wall, Intermediate line dance
Music:	Beth Hart – Take It Easy On Me

*Intro: 16 Counts, start on vocals*

## **CROSS WITH SWEEP, CROSS SIDE, 1/8 L BACK, BACK, 1/8 L SIDE, - REPEAT**

- 1-2 Cross R Over L Sweeping L Around from Back to Front, Cross L Over R
- &3 Step R to Right Side, Turn 1/8 Left Step Back on L (10:30)
- 4& Step Back on R, Turn 1/8 Left Step L to Left Side (9:00)
- 5-6 Cross R Over L Sweeping L Around from Back to Front, Cross L Over R
- &7 Step R to Right Side, Turn 1/8 Left Step Back on L (7:30)
- 8& Step Back on R, Turn 1/8 Left Step L to Left Side (6:00)

## **CROSS ROCK & CROSS, ¼ L, ½ L, WALK X2, FWD ROCK, RUN BACK X2, BACK WITH SWEEP**

- 1-2 Cross Rock R Over L, Recover on L
- &3 Step R to Right Side, Cross L Over R
- 4& ¼ Turn Left Step Back on R, ½ Turn Left Step Fwd on L
- 5-6 Walk Fwd R, Walk Fwd L
- 7& Rock Fwd on R, Recover on L
- 8& Small "Run" Steps Back R-L (Option: Full Turn R)
- 1 Step Back on R Sweeping L Around from Front to Back

## **BEHIND SIDE CROSS, UNWIND ½ R, CROSS, POINT, BASIC R, BASIC L**

- 2&3 Step L Behind R, Step R to Right Side, Cross L Over R
- 4&5 Unwind ½ Turn Right ending Weight on R, Cross L Over R, Point R to Right Side
- 6&7 Rock Back on R, Recover on L, Step R to Right Side
- 8&1 Rock Back on L, Recover on R, Step L to Left Side

## **BEHIND SIDE CROSS, UNWIND ½ L, CROSS, POINT, DRAG-HITCH-STEP, FWD ROCK**

- 2&3 Step R Behind L, Step L to Left Side, Cross R Over L
- 4&5 Unwind ½ Turn Left ending Weight on L, Cross R Over L, Point L to Left Side
- 6&7 Drag L towards R, Small Hitch L, Step Fwd on L
- 8& Rock Fwd on R, Recover on L

## **BACK SWEEP, BACK SWEEP, BACK, ROCK BACK, ½ R, ¼ R SWAY R, SWAY L, CROSS SHUFFLE**

- 1-2-3 Step Back on R Sweeping L, Step Back on L Sweeping R, Step Back on R
- 4&5 Rock Back on L, Recover on R, ½ Turn Right Step Back on L
- 6-7 ¼ Turn Right Step R to Right Side Swaying Right, Sway Left
- 8& Cross R Over L, Step L to Left Side **\*\*\*Restart Point**
- 1 Cross R Over L Sweeping L from Back to Front

## **CROSS, BACK, ¼ L, CROSS, ¼ R, ½ R, STEP ½ PIVOT R, STEP FWD, SIDE ROCK**

- 2&3 Cross L Over R, Step Back on R, ¼ Turn Left Step L to Left Side
- 4&5 Cross R Over L, ¼ Turn Right Step Back on L, ½ Turn Right Step Fwd on R
- 6-7 Step Fwd on L, Pivot ½ Turn Right
- &8& Step Fwd on L, Rock R to Right Side, Recover on L

## **RESTART**

*After count 40& on Wall 2 and 4 both facing front wall*

*...taught and danced at*