

# I'm No Good

Choreography:	Rachael McEnaney
Description:	64 count, 2 wall, intermediate line dance
Music:	Laura Bell Bundy – I'm No Good (For Ya Baby)

*Count In: 32 counts from start of track – dance begins on vocals*

*Notes: 3 Tags – end of 1st, 2nd and 3rd wall – 4x ¼ pivot turns*

## **WALK RL, R FWD ROCK, R COASTER STEP, STEP L, ½ PIVOT TURN R – WEIGHT ENDS R**

1-4 Walk forward on right (1), walk forward on left (2), rock forward on right (3), recover weight onto left (4) 12.00

5&6-7-8 Step back on right (5), step left next to right (&), step forward on right (6), step forward on left (7), pivot ½ turn right (8) 6.00

## **WALK LR, L FWD ROCK, L COASTER STEP, STEP R, ¼ PIVOT L – WEIGHT ENDS L**

1-4 Walk forward on left (1), walk forward on right (2), rock forward on left (3), recover weight onto right (4) 6.00

5&6-7-8 Step back on left (5), step right next to left (&), step forward on left (6), step forward on right (7), pivot ¼ turn left (8) 3.00

## **WEAVE CROSSING R OVER - L SIDE - R BEHIND – ¼ TURN L FWD L, ROCK FWD R, ½ TURN R, ¼ TURN R – WEIGHT L**

1-4 Cross right over left (1), step left to left side (2), cross right behind left (3), make ¼ turn left stepping forward on L (4) 12.00

5-8 Rock forward on right (5), recover weight onto left (6), make ½ turn right stepping forward on right (7), make ¼ turn right stepping left to left side (8) 9.00

## **CROSS R BEHIND, SIDE L, R CROSSING SHUFFLE, L SIDE ROCK, L CROSSING SHUFFLE – WEIGHT ENDS L**

1-2-3&4 Cross right behind left (1), step left to left side (2), cross right over left (3), step left next to right (&), cross right over left (4) 9.00

5-8 Rock left to left side (5), recover weight onto right (6), cross left over right (7), step right next to left (&), cross left over right (8) 9.00

## **R KICK BALL CROSS, SIDE R, TOUCH L, L KICK BALL CROSS, SIDE L, TOUCH R – WEIGHT ENDS L**

1&2 R kick ball cross, side R, touch L, L kick ball cross, side L, touch R – weight ends L

3-4 Take big step to right side (3), touch left next to right (4) 9.00

5&6 Kick left to left diagonal (5), step in place with left (&), cross right over left (6) 9.00

7-8 Take big step to left side (7), touch right next to left (8) 9.00

## **2 R HEEL TOUCHES, 2 L HEEL TOUCHES, R HEEL, L HEEL, ROCK FWD R, - WEIGHT ENDS L**

1-2&3-4 Touch right heel forward (1), touch right heel forward (2), step right next to left (&), touch left heel forward (3), touch left heel forward (4) 9.00

&5&6 Step left next to right (&), touch right heel forward (5), step right next to left (&), touch left heel forward (6) 9.00

&7-8 Step left next to right (&), rock forward on right (7), recover weight onto left (8) 9.00

*...taught and danced at*



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**R BACK SHUFFLE, L BACK ROCK, ½ TURN R DOING L SHUFFLE, ¼ TURN R DOING R CHASSE – WEIGHT ENDS R**

- 1&2-3-4 Step back on right (1), step left next to right (&), step back on right (2), rock back on left (3), recover weight right (4) 9.00
- 5&6 Make ¼ turn right stepping left to left side (5), step right next to left (7), make ¼ turn right stepping back on left (8) (1/2 shuffle) 3.00
- 7&8 Make ¼ turn right stepping right to right side (7), step left next to right (&), step right to right side (1/4 chasse) 6.00

**L JAZZ BOX CROSS, L CHASSE, R BACK ROCK**

- 1-4 Cross left over right (1), step back on right (2), step left to left side (3), cross right over left (4) 6.00
- 5&6-7-8 Step left to left side (5), step right next to left (&), step left to left side (6), rock back on right (7), recover weight onto left (8) 6.00

**REPEAT**

**TAG**

*At the end of the 1st wall (facing 6.00), 2nd wall (facing 12.00), and 3rd wall (facing 6.00) add following tag:*

**4X ¼ PIVOT TURNS**

- 1-4 Step forward on right (1), pivot ¼ turn left (2), step forward on right (3), pivot ¼ turn left (4)
- 5-8 Step forward on right (5), pivot ¼ turn left (6), step forward on right (7), pivot ¼ turn left (8)

*...taught and danced at*

*Klitgaarden*

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