M.J. Moves



Choreography:	Michele Perron & Jo Thompson
Description:	32 count, 4 wall, intermediate/advanced line dance
Music:	Blu Cantrell - Hit 'Em Up Style (Oops)
PRESS-RECOVER, BEHIND-&-ACROSS, 'HIP' WALKS; LEFT, RIGHT, LEFT, RIGHT	
1	Right toe-ball 'press' diagonal right forward (right shoulder lifts)
2	Push off from right and weight on left (right shoulder drops down)
3&4	Right step behind left, left step to side left, right step across front of left
5-6	Left step to side left with left hip bump forward; right step to side right with right hip bump forward
7-8	Left step to side left with left hip bump forward; execute 1/2 turn right and right step
	forward across front of left (6:00)
STEP-LOOK, TUF	RN, TURN, COASTER STEP, TURNING VINE
9	Left step to side left (head looks right)
10	Hold, (head looks left, right arm swings across front waist, left arm swings to side left
	(both bend), feet remain apart)
11	Execute 1/4 turn right with right step forward (9:00)
12	Execute ½ turn right with left step back (3:00)
13&14	Right step back, left step next to right, right step forward
15	Execute ¼ turn right and left step to side left
& 16	Right cross step behind left (6:00) Execute ½ turn left and left step forward across front of right (12:00)
10	
	KICK, CROSS, SYNCOPATED VINE TURN, PIVOT TURN, FORWARD
&17	Right step to side right; left slide/step next to right with right low kick to side right (left
	foot is meant to 'kick' out right leg)
18-20	Right step across front of left; left step to side left; right cross/step behind left
&21-22	Execute ¹ ⁄ ₄ turn left with left step forward, right step forward; left step forward (9:00)
23-24	Execute ½ turn right, weight ends right; left step forward (3:00)
RIGHT TRIPLE FORWARD; KICK-BALL-CROSS; LEFT TRIPLE FORWARD; KICK-BALL-CROSS	
25&26	Right step to side right; left slide/step next to right with right low kick to side right (left
	foot is meant to 'kick' out right leg)
27&28	Left kick forward (slight head tilt right), left toe/ball step behind, right step across front of left (knees bend deep, head tilts left)
29&30	Left triple steps forward (left, right, left)
31&32	Right kick forward (slight head tilt left) right toe/ball step behind, left step across front of

Right kick forward (slight head tilt left), right toe/ball step behind, left step across front of 31&32 right (knees bend deep, head tilts right)

REPEAT

...taught and danced in Kitgaarden -

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