

Make You Sweat

Choreography:	Ria Vos
Description:	32 count, 4 wall, Beginner/Intermediate line dance
Music:	Chi Hua Hua – Uhh La La La

Intro: 24 counts, start on vocals

SIDE, TOUCH, SIDE, KICK, BEHIND, ¼ TURN L, STEP FWD, STEP, PIVOT ½ TURN R, STEP, FULL TRIPLE TURN L

1& Step R to Right Side, Touch L Next to R 2& Step L to Left Side, Kick R to Right Diagonal

Step R Behind L, 1/4 Turn Left Step Fwd on L, Step Fwd on R (9:00) 3&4

5&6 Step Fwd on L, Pivot ½ Turn Right, Step Fwd on L (3:00)

½ Turn Left Step Back on R, ½ Turn Left Step Fwd on L, Step Fwd on R (3:00) 7&8

ROCKING CHAIR, STEP PIVOT 1/4 TURN R, CROSS, TOE STRUTS, CHASSE R

1&2& Rock Fwd on L, Recover on R, Rock Back on L, Recover on R 3&4 Step Fwd on L, Pivot 1/4 Turn Right, Cross L Over R (6:00)

5&6& Step R Toe to Right Side, Drop R Heel, Cross L Toe Over R, Lower L Heel

Step R to Right Side, Step L Next to R, Step R to Right Side ***Restart Point wall 3 7&8

Arms Count 5-8: When he sings "From the tip of your toes to the top of your head"

Both arms to Right Side, Snap fingers 6& Both arms to Left Side, Snap Fingers

7&8 Both hands to Right side above your head palms facing out, "push up" twice

SWAY OUT L, SWAY OUT R, COASTER STEP, JAZZ BOX 1/4 TURN R, LOCK STEP FWD

Step Out and Fwd on L with Hip Sway, Step Out on R with Hip Sway

3&4 Step Back on L, Step R Next to L, Step Fwd on L

5&6 Cross R Over L, 1/4 Turn Right Step Back on L, Step R to Right Side

7&8 Step Fwd on L, Lock R Behind L, Step Fwd on L

MAMBO FWD, RUN BACK X3, POINT, HITCH, POINT, FLICK, BIG SIDE STEP, TOGETHER

1&2 Rock Fwd on R, Recover on L, Step Back on R

3&4 "Run" Back Stepping L, R, L

5&6& Point R to Right Side, Hitch R. Point R to Right Side, Flick R Behind L Lea Step R Large Step to Right Side Dragging L Towards R, Step L Next to R

Arms Count 5-8: When he sings "From the tip of your toes to the top of your head"

5-6 R arm to Right Side Snap fingers, Repeat on count 6 7-8 Swing R arm around above head palm of hand facing up

REPEAT

RESTART

There is one restart on wall 3 after count 16.

Add: Step L Next to R on the & Count and start again from count 1 (12:00)

ENDING

You will end with count 1-4 of section 3, replace the Coaster step with:

Step Back on L, 1/2 Turn R Step Fwd on R, Step Fwd on L to end facing front wall

